

ADDRESSING OUR GLOBAL CHALLENGES

A Note from Patricia

As I listen to the news, I am saddened at the state of consciousness—or should I say unconsciousness—in the world. You would think that by now I would be immune to man's inhumanity to man playing itself out on the global stage. But I'm not, and I'm glad because this keeps me thinking, writing and being an instrument for change.

I also know that the only change I can truly make is within myself. At the same time, I can influence others, model a more consciously conscious way of thinking and being in the world, and conjure up the courage to do my part.

I can also play devil's advocate for those truly seeking change within themselves. So, I can't help but ask, "What is your part to play in addressing our global challenges?"

For those of you interested in exploring the change so many of us need – beyond our intellect alone – read on. You won't be disappointed.

For the truly serious: Join a globally minded group for a Skype Call to discuss the development of [Global Purposeful Business Circles](#).

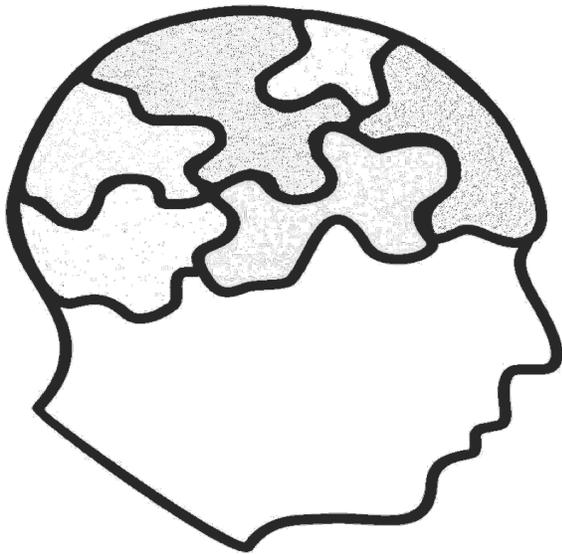
Sincerely,

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"The mind is the most valuable thing in the world. But the deluded mind can be the most dangerous."

— His Holiness the Dalai Lama



A New Mindset for Addressing Our Global Challenges

Our Intellect Is Passé

We have over-relied on our intelligence alone to solve global problems. We have looked up to our minds as we would a false

god – surely a source of all answers. Yes, we have come up with solutions that we believed were adequate, but in retrospect they were sorely lacking.

None of us likes reviewing our past to see that we may have been short-sighted and even self-seeking. We have focused on appearances to the neglect of inner truth, constant comparison, self-protection and more. We have sold ourselves and those we serve quite short.

With the ego as its companion, the mind has a stake in maintaining the status quo and in “looking good” for the outer world. We don’t want to look like we don’t know what we are doing or that we aren’t in control.

We hold onto our perspective of reality, making decisions from the intellect and the wallet, ignoring the truly vital aspects of humanity from a wholistic point of view. We don’t trust our gut or intuition and, most of all, our feelings.

We say we have others’ best interest in mind, but when the truth surfaces it is often another story indeed. We only seek answers that justify our position. Is this not ego gratification at its most seductive? We give our intellect permission to keep us in the dark so we can support our playing small and safe – or so we think.

We know change is needed, and we talk a good talk as long as it doesn’t impact our

work or our organization. We think that anything that threatens our identity is the devil in sheep's clothing.

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"In this fast-paced world, I sometimes forget that the wind talks to me and comforts me when I'm stressed, that my intuition lets me know when I'm on the right path, that meditation provides me with both great insight and great peace. I often need to be reminded that living from my spiritual side grants me much knowing and wisdom.

I remember now that I am precious and gifted. We all are. As the instrument of a new work world, I can "be" that world. I can be true to myself and not settle for second best.

My intellect has been my master for these many years, and that is changing. My wisdom is stepping forth. My mind wants its old ways, but my heart sings louder than ever.

For the greater good, we must all face our nemeses. We can't afford to backtrack. We need to evolve, not de-volve, and do our part."

Regards,

Patricia